

PERENNIAL

↑ Height 2-3' Width 1-3' ←→

☀️
MED WET

☀️ F ☀️ P



Photo: Jenkins Arboretum & Gardens

Pycnanthemum flexuosum

Appalachian Mountain Mint,
Savanna Mint,
Savanna Mountain-mint



Family: Lamiaceae/Mint

Garden Companions

- Rudbeckia hirta
- Liatris spicata
- Schizachyrium scoparium
- Andropogon gerardii

Notes

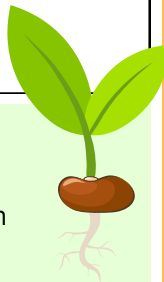
- Native to Southeastern states and US
- Growth habit: upright
- Attracts bees, butterflies, moths, and wasps
- Good for erosion control
- Prefers rich, alkaline soil

 NOT Native to Cape Cod	 Blooms July to August
	 Caterpillar/Moth Host Plant
	 Container Friendly
 Rabbit Resistant	 Deer Resistant

Keystone Plant Score: 4

Propagation Information

- Spreads slowly through rhizomes
- Propagate by cuttings and division



Summer Bloomer

DRAWN FROM SEED